



Talking Care

Ensure care aligns with the loved one's wishes, and stakeholders understand their responsibilities early on, before care is needed.

What to ask

- What are the care wishes of a loved one?
- Who will be the primary care stakeholders?
- Who will be responsible for what?

What to do

Document Care Preferences:

Outline your loved one's preferences for how, where, and by whom care should be provided.

Identify Key Stakeholders:

Determine who will be involved in the care, including family members, healthcare providers, and caregivers.

Define Roles and Responsibilities:

Assign and communicate the roles and responsibilities of each stakeholder to ensure effective care management.

Who to involve

The Loved One:

Their wishes and preferences are central to the care plan.

Family Members:

Immediate and extended family involved in care or decision-making.

Transition Specialists:

Help plan and navigate life changes related to health, housing, and care.



Planning Care

Make informed decisions that ensure the loved one's well-being, safety, and quality of life while considering financial and legal aspects for a sustainable care plan.

- What care may be required?
- How much will care cost?
- What public and private resources are available?

Assess Needs and Care Level:

Evaluate your loved one's physical, emotional, and medical needs to determine the appropriate level of care.

Determine Cost Implications:

Calculate both immediate and long-term costs associated with the required care.

Identify and Evaluate Resources:

Research and consider available resources, such as insurance, government programs, and community services, to support the care plan.

Healthcare Providers:

Doctors, nurses, and medical professionals familiar with the loved one's health needs.

Legal and Financial Advisors:

Assist with decisions related to power of attorney, wills, and financial planning.

Social Workers or Care Coordinators:

Help navigate care options and available resources.



Providing Care

Ensure your loved one receives the best care by having the right team, monitoring quality, and exploring additional options to enhance their well-being.

- Is the right care team and support in place?
- Is my loved one receiving the best care possible?
- What options are available for additional care?

Evaluate the Care Team:

Assess caregivers' qualifications, experience, and compatibility.

Ensure clear communication and coordination among the care team.

Monitor Care Quality:

- Regularly review care to meet your loved one's needs.
- Gather feedback from your loved one and family.
- Stay connected with healthcare providers for necessary adjustments.

Explore Additional Care Options:

- Research services like specialized therapies or community programs.
- Consider changing or adding care providers if needed.
 - Explore financial assistance or insurance options to expand care.

Family Members:

Involved in care decisions and support.

Healthcare Providers:

Doctors, nurses, and medical professionals.

Caregivers:

Both professional and informal caregivers.

Community Support Networks:

Friends, neighbors, and local organizations offering support.